

Contemporary Nutrition 8th Edition By Wardlaw Gordon Smith Anne Paperback

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Contemporary Nutrition 8th Edition By

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Sunday Times reveals today. Nearly 25,000 people were asked about ...

The Times & The Sunday Times Homepage

Gary is also a contributing author in the book, "Pride of Place: A Contemporary Anthology of Texas Nature Writing." He has won eight Lone Star College writing awards and is the recipient of the ...

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Contemporary Nutrition is a complete and balanced resource for nutrition information written at a level non-science majors can understand. Completely revised and up-to-date with MyPlate, Healthy People 2020 and Dietary Guidelines for Americans, 2010, it provides the ideal balance of reliable nutrition information and practical consumer-oriented knowledge. With a friendly writing style, the authors act as the student's personal guide to dispelling common misconceptions and to gaining a solid foundation for making informed nutrition choices. Contemporary Nutrition emphasizes that a population consists of individuals with varying genetic and cultural backgrounds, and these individuals will have varying responses to diet. The knowledge gained from this text will allow students to personalize nutrition information and empower them to make better choices in their daily lives. Users who purchase Connect Plus receive access to the full online ebook version of the textbook.

Contemporary Nutrition: A Functional Approach is an alternate version of Wardlaw-Smith's Contemporary Nutrition, 8e. While Contemporary Nutrition: A Functional Approach shares the recognized strengths of the eighth edition, it offers a unique approach to the coverage of vitamins and minerals. It departs from a traditional presentation by instead organizing vitamins and minerals within the context of physiological functions and the health conditions they influence. The text will provide students who lack a strong science background the ideal balance of reliable nutrition information and practical consumer-oriented knowledge. With their friendly writing style, the authors act as the student's personal guide to dispelling common misconceptions and to gaining a solid foundation for making informed nutrition choices. Users who purchase Connect Plus receive access to the full online ebook version of the textbook.

"Contemporary Nutrition" Sixth Edition Update is designed for students with little or no background in college-level biology, chemistry or physiology. Updated to include the new 2005 Dietary Guidelines And MyPyramid information, "Contemporary Nutrition" will provide students who lack a strong science background the ideal balance of reliable nutrition information and practical consumer-oriented knowledge. With his friendly writing style, Gordon Wardlaw acts as the student's personal guide to dispelling common misconceptions and to gaining a solid foundation for making informed nutrition choices. .

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The Seventh Edition of this nursing-focused nutrition text has been updated to reflect the latest evidence-based practice and nutrition recommendations. Written in a user-friendly style, the text emphasizes what the nurse really needs to know in practice. Maintaining its nursing process focus and emphasis on patient teaching, this edition includes features to help readers integrate nutrition into nursing care such as sample Nursing Process tables, Case Studies in every chapter, and new Interactive Case Studies online. This is the tablet version which does not include access to the supplemental content mentioned in the text.

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