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Drawing on a wide diversity of disciplines, including applied anatomy, biomechanics, physiology, engineering, psychology and design, the book explores themes of central importance within contemporary ergonomics and sport and exercise science, such as performance, health, environment, technology and special populations.Contemporary Sport, Leisure and Ergonomics

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Understanding the ' human operator ' is a central concern of both ergonomists and sport and exercise scientists. This cutting-edge collection of international research papers explores the interface between physical, cognitive and occupational ergonomics and sport and exercise science, illuminating our understanding of ' human factors ' at work and at play. Drawing on a wide diversity of disciplines, including applied anatomy, biomechanics, physiology, engineering, psychology and design, the book explores themes of central importance within contemporary ergonomics and sport and exercise science, such as performance, health, environment, technology and special populations. Contemporary Sport, Leisure and Ergonomics establishes important methodological connections between the disciplines, advancing the research agenda within each. It is essential reading for all serious ergonomists and human scientists.

This important new volume brings together recent research by leading international ergonomists and sport and exercise scientists. The book presents a wide range of studies in occupational ergonomics, each utilizing techniques that are also employed by sports and exercise science research groups, and therefore breaks new ground in the interface between sport and industry. Arranged into sections examining environment, special populations, human factors interface, sports technology and occupational health, this book will be an essential purchase for all those involved in sports science or ergonomics research.

This book compiles the papers presented at the Annual Conference of the Institute of Ergonomics & Human Factors held in April 2010. It embraces a wide range of issues related to ergonomics, reflecting the name change of the Ergonomics Society to the Institute of Ergonomics & Human Factors.

Ergonomics and human factors is the discipline concerned with the application of scientific knowledge to improve people ' s interaction with products, systems and environments. This book presents the proceedings of the international conference, Ergonomics & Human Factors 2015, the 29th year in which a volume in the Contemporary Ergonomics series has appeared. In addition to being the leading event in the UK that features ergonomics and human factors across all sectors, this is also the annual conference of the Chartered Institute of Ergonomics and Human Factors (CIEHF). The scope and breadth of ergonomics and human factors continues to expand at a rapid pace. Contemporary Ergonomics and Human Factors 2015 reflects many of these developments and includes contributions covering the latest work in healthcare, transportation, defence, stress, manufacturing, design, and health and safety. There are also developments in data analytics, culture and complexity. This book also celebrates the long tradition of work in ergonomics and human factors which began with the formation of the Ergonomics Research Society in 1949 and culminated in 2015 with a Royal Charter. This has conferred recognition, at the highest level, of the uniqueness and value of our scientific discipline and the preminent role of the Chartered Institute of Ergonomics and Human Factors in representing both the discipline and the profession. As well as being of interest to mainstream ergonomists and human factors specialists, Contemporary Ergonomics and Human Factors 2015 will appeal to those concerned with people ' s interaction with their working and leisure environment, including designers, manufacturing and production engineers, health and safety specialists, occupational, applied and industrial psychologists, and applied physiologists.

The field of sports ergonomics is now recognised as an interdisciplinary area in its own right. This book forms the proceedings of the 3rd International Conference on Sport, Leisure and Ergonomics, providing a particular focus on disabled athletes, health and fitness educations and sports equipment.

The broad and developing scope of ergonomics — the application of scientific knowledge to improve peoples ' interaction with products, systems, and environments — has been illustrated for 25 years by the books in the Contemporary Ergonomics series. Reflecting the name change of the Ergonomics Society to the Institute of Ergonomics & Human Factors, the peer-reviewed papers in this volume embrace a wide range of issues related to ergonomics. International contributors provide insight into current practice and present new research findings. They cover an array of topics, including defense; hazardous industries; human factors integration; inclusive design; medical; books and tools; occupational health and safety; slips, trips, and falls; transport; and applications of ergonomics. Mirroring the 2010 conference, the book includes a memorial to Professor Tom Reilly and a symposium on creating a learning organization. Ideal for mainstream ergonomists and human factors specialists, this invaluable reference source is also suitable for those concerned with people ' s interactions with their working and leisure environment, such as designers; manufacturing and production engineers; health and safety specialists; occupational, applied, and industrial psychologists; and applied physiologists.

Sport is an integral part of society, playing a key role in human health and well-being, and cultural, political and economic development. As sport is becoming more complex, competitive, diverse, and increasingly reliant on technology, HFE theories, methods, and principles are progressively being applied to help understand and optimize sports systems. Human Factors and Ergonomics in Sport: Applications and Future Directions showcases the latest in sports HFE research and practice. Including contributions from both HFE and sports science researchers, it provides a collection of state-of-the-art studies, reviews and commentaries covering a diverse set of sports and sporting issues. "This book is an excellent resource for all academics and students in general. It provides updated theoretical foundations and applications that conceive a world where everything is connected and embedded in technology that allows us to capture, process and visualise actions and interactions, also at transdisciplinary levels." Professor Jaime Sampaio, Head of the Research Center in Sports Sciences, Health and Human Development (CIDESD), University of Tr á s-os-Montes e Alto Douro, Portugal "With the changing nature of work comes an ever-greater focus on leisure. Sport is a major dimension of this crucial form of human activity. Now comes Salmon and his colleagues who have assembled a panoply of world leaders who each provide their own individual perspectives on this intriguing world. Their emphasis on the human factors and ergonomics of these activities brings us new and exciting insights. A great read for the specialist and generalist alike." Professor Peter Hancock, Pegasus Professor, Provost Distinguished Research Professor and Trustee Chair, University of Central Florida, USA. "Finally, the complexity of sports and health is being considered in full. This book challenges contemporary thinking toward the prevention of injuries in sports, and provides tangible solutions to help our field into a new decade." Professor Evert Verhagen, Amsterdam Collaboration on Health and Safety in Sports & Department of Public and Occupational Health, VU University Medical Center

This book is based on the proceedings of the Ergonomics Society's 1992 Annual Conference Birmingham, England, 7-10 April 1992. It contains papers, covering environmental studies, musculoskeletal studies, working postures and anthropometry, safety, and military ergonomics.

Football Biomechanics explores the latest knowledge of this core discipline in sport science across all codes of the sport. Encompassing a variety of styles, including original scientific studies, syntheses of the latest research, and position statements, the text offers readers the most up-to-date and comprehensive reference of the underlying mechanics of high-level football performance. The book is divided into five parts, covering fundamental football actions, the biomechanics of direct free kicks, footwear, biomechanical considerations in skill acquisition and training, and artificial turf. It bridges the gap between theory and practice in a variety of key areas such as: ball kicking mechanics (in soccer and other football codes) ball impact dynamics aerodynamics of ball flight special techniques (such as the ' knuckle ball shot ') by world-famous players the efficacy and development of footwear biomechanical and motor performance differences between female and male soccer players artificial turf from an injury and a performance perspective. Made up of contributions from leading experts from around the world, Football Biomechanics is a vital resource for researchers and practitioners working in all football codes, and useful applied reading for any sport science student with an interest in football.

Fully updated, revised and consolidated into one single volume, the fourth edition of Kinanthropometry and Exercise Physiology offers the best theoretically contextualised, practical resource for instructors and students available. Incorporating substantial sections on kinanthropometry, exercise physiology, energy systems and the application of science in health and high performance settings, the book covers the basics of measurement in exercise science through to advanced methods, and includes brand new chapters on: Pre-exercise screening and health risk stratification Functional movement assessment Point of care testing Anthropometry standards Anaerobic power and capacity History of exercise for health benefits Monitoring training loads in high-performance athletes Measuring game style in team sports Offering on-line access to newly developed exercise science measurement tools through the Exercise Science Toolkit – www.exercisesciencetoolkit.com – no other book offers such a complete resource, from the science of kinanthropometry and exercise physiology to their applications in health and performance, through practical, interactive learning. This book is an essential companion for students on any sport and exercise science-related degree programme and any instructor leading practical, laboratory-based classes.

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