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(LaFromboise & Jackson 1996). •

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Effective counselors are counselors who take into account the client's background and cultural values in determining the appropriate counseling goals and approaches (Corey 1996).

*TAJUK 1.2 A Theory of Multicultural
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Psychoanalysis and psychodynamic

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June 01, 2015 by Counseling Staff.

Psychotherapy theories provide a
framework for therapists and counselors to

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interpret a client's behavior, thoughts, and feelings and help them navigate a client's journey from diagnosis to post-treatment.

Theoretical approaches are an understandably integral part of the therapeutic process.

Five Counseling Theories and Approaches

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The text is both historical in helping students envision the evolution of counseling and psychotherapy, and foundational, for it grounds the reader in each of the recognized approaches to the subject matter...I believe that Jones-Smith's (2014) Theories of Counseling

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*Essential Theories of Counseling and
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Discussion: Feminist or Transpersonal
Counseling: Case Conceptualization For

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this Discussion, you will write a case conceptualization as though you were a feminist or transpersonal counselor. As you review this week's Learning Resources and media files, note techniques and interventions, and consider the role of a feminist counselor in ...

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