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Esoteric Healing regards all disease as purificatory, for it can in itself raise the consciousness to incorporate a wider perspective of life making it deeper and more vital. At some time it will be the soul's wish to withdraw. Healing then enables the patient to achieve (with joy and facility) liberation from the body.  
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A comprehensive and fascinating study of Polarity Therapy, Esoteric Anatomy, and Somatic Psychology that reveals the vital role of energy in the healing arts. Esoteric Anatomy offers a spiritual approach to massage, bodywork, and somatic psychology, demystifying an ancient transpersonal model for understanding energy in nature and working with consciousness in the healing arts. It offers a comprehensive health care system based on understanding the body as a field of conscious energy—a system that promotes healing, health building, and self-actualization. Author and spiritual healer Bruce Burger begins by introducing Polarity Therapy in a series of energy-balancing sessions that can be used in conjunction with other forms of therapy.

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and bodywork. This holistic approach can alleviate physical, mental, emotional, and spiritual suffering, including clearing trauma from the cellular memory of the brain. Next, he turns his attention to Esoteric Anatomy in a section of essays that explore the role of energy—or life force—in the healing arts, drawing from the wisdom of ancient India. And finally, Burger builds upon his studies of Polarity Therapy and Esoteric Anatomy to present a unique system of Somatic Psychology that can promote further healing. Thorough, insightful, and complete with illustrations, Esoteric Anatomy is a fascinating course in energy medicine that can guide you toward better health, personal growth, and spiritual transformation.

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**Somatic Psychology** that reveals the vital role of energy in the healing arts. **Esoteric Anatomy** offers a spiritual approach to massage, bodywork, and somatic psychology, demystifying an ancient transpersonal model for understanding energy in nature and working with consciousness in the healing arts. It offers a comprehensive health care system based on understanding the body as a field of conscious energy—a system that promotes healing, health building, and self-actualization. Author and spiritual healer **Bruce Burger** begins by introducing **Polarity Therapy** in a series of energy-balancing sessions that can be used in conjunction with other forms of therapy and bodywork. This holistic approach can alleviate physical, mental, emotional, and spiritual suffering, including clearing trauma from the cellular memory of the brain. Next, he turns his attention to

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Understand causes of emotional, mental and physical ailments that stem from your ancestry, conception, birth and childhood. If you are an alternative practitioner you will quickly sharpen your skills, learn

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more powerful approaches to emotional, mental and physical ailments. As a practitioner you will understand and work more efficiently with your clients. Under each disease you will find emotional components and accurate key points guiding you to effective alternative ways to heal and how to find core issues.

Complementary and alternative approaches to health and medicine have become increasingly widespread as the limits of conventional treatments become more apparent. Holistic Anatomy presents an authoritative study of anatomy, physiology, and pathology but expands the discussion by connecting the science of the body to a variety of alternative modalities to explore how human beings exist within and interact with their environment, and how they experience existence in emotional and spiritual terms.



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Basic scientific terminology and detailed descriptions are interwoven with informal, sometimes humorous observations, facts, and ideas about life. The mechanisms, structure, and functions of the body are explored, along with how they relate to spiritual and energetic paradigms, emotions, and ecological principles. The first half of the book covers basic anatomy and physiology, describing each major system of the body and how they interrelate. This part includes a thoughtful discussion of aging and the dying process. The second half focuses on models of health and disease, both traditional and holistic. Topics include western pathology, emotional health, five element medicine, and the spiritual cause for disease.

Now in an expanded edition, this book explains the polarity system of healing, which combines diet, exercise, hands-on

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techniques, and positive attitudes to tap into spiritual, mental, physical, and emotional energies. Twenty-one different healing treatments are described in detail.

□ Examines the foundational texts and principles of Hermeticism and alchemy, showing how they offer a foundation for a psycho-spiritual creative practice □ Takes the reader on a Hermetic journey through each of the seven traditional planets, offering meditative discourses that speak directly to the intuitive soul □ Provides examples from traditional alchemical art and the author's own intricate esoteric paintings Drawing on ancient Egyptian and Greek cosmogonies and essential Hermetic texts, such as the Corpus Hermeticum, the Emerald Tablet (Tabula Smaragdina), and the Nag Hammadi

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Codices, Marlene Seven Bremner offers a detailed understanding of Hermetic philosophy and the art of alchemy as a foundation for a psycho-spiritual creative practice. Offering examples from traditional alchemical art and her own intricate esoteric paintings, Bremner examines the foundational principles of Hermeticism and alchemy and shows how these traditions are a direct means for accessing higher consciousness and true self-knowledge, or gnosis, as well as a way to extract the essence of one's own creative gifts. The author takes the reader on a Hermetic journey through each of the seven traditional planets--Saturn, Jupiter, Mars, the Sun, Venus, Mercury, and the Moon--exploring their mythological, philosophical, alchemical, qabbalistic, magical, astrological, and energetic natures and offering meditative discourses that reach past the rational mind to speak

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directly to the intuitive soul. She relates the seven planets to the esoteric anatomy of the human body, specifically the seven chakras, and shows how the planets can offer understanding and experience of archetypal energies and patterns in the body, in one's life, and in the creative process. A profound synthesis of magical and occult teachings as well as an initiation into the alchemical opus, this book reveals how to integrate and apply Hermetic and alchemical principles to awaken inner knowing, liberate the imagination, and live a mystical, creative, and truly inspired life.

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