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Praise for Women's Health Psychology "Women's Health Psychology provides an important overviewand analysis of key issues affecting women's health and well-being... almost every chapter in this volume touches on theimportance of quality of life, not just longevity.... It will serveas a valuable reference for health and mental health providers, researchers, and those in training for professional or researchcareers." —from the Foreword by Nancy E. Adler, PhD, Professor of Psychiatry, University of California at San Francisco School of Medicine, Director of the Center for Health and Community Women's Health Psychology is the first comprehensive collection ever published to consider the developmental, reproductive, and sociocultural contexts of health decision-makingand behavior for women. It provides current, expert advice to helppolicy makers, researchers, and clinicians make the best decisions concerning topics including: The Context of Women's Health: history of women's healthcare, employment and women's health, and the effects of intimate partner violence Health Challenges: smoking, alcohol, eating disorders, and sleep Reproductive Health: premenstrual dysphoric disorder, the stress of infertility, psychiatric symptoms and pregnancy, andmenopause Disability and Chronic Conditions: women's responses to disability, experiencing cancer, the psychology of Irritable Bowel Syndrome, and rheumatic, heart, and Alzheimer's diseases

For over 20 years, HEALTH PSYCHOLOGY: AN INTRODUCTION TO BEHAVIOR AND HEALTH has remained a leader in the field of health psychology for its scholarship, strong and current research base, and balanced coverage of the cognitive, behavioral, and biological approaches to health psychology. Accessible and appealing to a wide-range of readers, this classic book features a concise writing style, ample pedagogy, and numerous visuals to support your learning and understanding. The Eighth Edition is updated to reflect the latest developments in the field, and includes many new real-world examples selected for their interest and relevance. Available with InfoTrac Student Collections http://gocengage.com/infotrac. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Health Psychology: Understanding the Mind-Body Connection introduces students to the story of health psychology through clear connections between the science and the real world. Using a highly accessible writing style, author Catherine A. Sanderson employs a strong emphasis on the scientific principles and processes underlying the field of health psychology to present balanced coverage of foundational research, cutting-edge research, essential theories, and real-world application. The Third Edition builds

on its strong student-oriented pedagogical program, streamlines content, and includes recent studies, pop culture references, and coverage of neuroscience to support student learning and engagement. Students will enjoy reading the text because of its relevance in helping them live long and healthy lives.

Health psychology is a rapidly expanding discipline at the interface of psychology and clinical medicine. This new edition is fully reworked and revised, offering an entirely up-to-date, comprehensive, accessible, one-stop resource for clinical psychologists, mental health professionals and specialists in health-related matters. There are two new editors: Susan Ayers from the University of Sussex and Kenneth Wallston from Vanderbilt University Medical Center. The prestigious editorial team and their international, interdisciplinary cast of authors have reconceptualised their much-acclaimed handbook. The book is now in two parts: part I covers psychological aspects of health and illness, assessments, interventions and healthcare practice. Part II covers medical matters listed in alphabetical order. Among the many new topics added are: diet and health, ethnicity and health, clinical interviewing, mood assessment, communicating risk, medical interviewing, diagnostic procedures, organ donation, IVF, MMR, HRT, sleep disorders, skin disorders, depression and anxiety disorders.

Organized thematically as an A to Z reference encyclopedia across 4 volumes, this comprehensive resource on health psychology provides a concise overview of the ever-expanding interdisciplinary field. The first volume of The Wiley Encyclopedia of Health Psychology covers the biological bases of health behavior, providing information on topics in the broad areas of neuroscience and biopsychology relevant to health behavior. Volume II addresses topics related to theories and data derived from social psychology including health or prevention related behaviors, stress and coping, and the design and evaluation of behavioral interventions. The third volume examines the applied aspects of the field of health psychology including practical topics that clinical health psychologists face in the workplace, issues related to unhealthy behaviors that individuals engage in, behavioral aspects of medical problems, and issues related to the comorbidity of psychiatric disorders and chronic health problems. Volume IV examines special issues in health psychology covering various historical, philosophical, and conceptual issues. It also considers issues related to diversity and underrepresented/underserved groups. As a whole, this 4-volume set: Delves into topics related to Health Psychology across the subfields of Biopsychology, Social Psychology, Clinical Psychology Appeals to the broader field of Behavioral Medicine, including medical and allied health fields Examines the interconnections between biology, psychology, and socio-environmental factors The Wiley Encyclopedia of Health Psychology is an ideal resource for college and university libraries as well as for professional psychologists and other health care professionals interested in the relationship of psychological and physical well being.

This volume provides a comprehensive, up-to-date theoretical andempirical background to the psychology of reproductive health. Provides a life span perspective of the psychology of reproductive health and its disorders, from menarche to menopauseand reproductive health in older age Focuses on issues of the individual's reproductive healthexperience, including reproduction, pregnancy, maternity, andbirth, as well as conditions such as PMDD, dysmenorrhea, and eventsincluding pregnancy failure, and abortion Acknowledges the wider social context with discussions of poverty, inequality, educational and economic status, age, andurban versus rural access Addresses life style related factors, human rights to choice, information and access, fertility control and reproductive healthregulation and health care services Illustrates topics with empirical data supported with tablesand figures

This ground-breaking textbook is the first to cover the new and rapidly developing field of occupational health psychology. Provides a thorough introduction to occupational health psychology and an accessible overview of the key themes in research and practice Each chapter relates to an aspect of the core education curriculum delineated by the European Academy of Occupational Health Psychology Written by internationally recognized experts in the field Examines a host of contemporary workplace

health issues, including work-related stress; the psychosocial work environment; positive psychology and employee well-being; psychosocial risk management; workspace design; organizational research methods; and corporate culture and health

The Handbook of Clinical Health Psychology provides a comprehensive overview of the practice of clinical health psychology. It is primarily a well-referenced but practical resource, which provides an authoritative, up-to-date guide to empirically validated psychological interventions in health care. Each contributor provides a conceptual synthesis of the area, and how key models are related to formulation, service delivery and research. The book also considers contextual issues and the importance of topics such as ageism and power, which may have an impact on how health psychology is delivered by practitioners, and experienced by recipients of services. It also seeks to provide a summary of evidence concerning crucial aspects in the delivery of care, such as adherence, rehabilitation and stress. The biopsychosocial model is the major theoretical model underpinning all contributions, but use is also made of other models. \* Informative and practical: a guide to action \* An authoritative, critical and evidence based synthesis of knowledge that will guide best practice \* Easy-to-use format intended for practitioners who want to ensure their practice is state-of-the-art

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