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the key concepts covered in the book is mindfulness, a state of mind traditionally touted in the East for its ability to reduce stress and increase perspective, useful qualities for traders looking to rise above emotional obstacles and the

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cause. The author
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technical analysis

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that led them to
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trading. In this
book you will learn
how to disrupt old
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that block you from
your potential and

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"Trading in the
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Handeln unmöglich
machen. Die

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für den Erfolg.

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Faktoren können
die Entscheidungen
im Verlauf eines
Handelstages
beeinflussen.

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befreien können,
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entscheidungen
treffen. Dieses

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